

2020 MIAMI DATES

January 4-5, 2020

Pediatrics & Pregnancy, Managing the Mom, Infant & Child in Addictions & OCD's Management of Pregnant Addicts and Detoxification of infants, Protracted Abstinence. ADD/ADHD, & other compulsive disorders. Diagnosis and management of Withdrawal, Relapse, Case Review, Treatment Goals

Instructor: Jay M. Holder, D.C., CAP, CASAP, DACACD

February 8-9, 2020

Positive Psychology & Addiction Recovery: From the Recovery Model to Self Actualization The history of Positive Psychology; Current trends in Positive Psychology; the Recovery Model; The 9 components of the Recovery Model. What is Self-Actualization; The B-Values and other components of Self-Actualization From Recovery to Self-Actualization

Instructor: William Berry, LMHC, CAP, DACACD

March 7-8, 2020

Comprehensive Mechanisms & Dynamics of Addictions & Compulsive Disorders Definition of Addiction, The Five Addictions, theories of Addictions; The Brain Reward Cascade, Disease Concept of Addiction, Multi-factorial Addiction components, Toxicology & Laboratory testing

Instructor: Jay M. Holder, D.C., CAP, CASAP, DACACD

April 4-5, 2020

Healing Trauma, PTSD with Recovery Support Systems & Recovery Capital Model What is PTSD, What qualifies as trauma? Intergenerational trauma. Effect of Trauma, nightmares, sleep disorder, panic, compulsive thoughts. Crisis treatment for Trauma debrief within 24 hours. Seeking Safety an evidence based method. EMDR, Memory Therapy, Recovery Support services, creating employment, educational support, case management.

Instructor: Phil Diaz, MSW, LLD(H), DACACD

May 2-3, 2020

Nutritional Strategies for Addictions & The Nervous System

Nutrition is vital to brain health and emotional processing. Stress and poor diet aggravate nutrient status and increase need for key factors the body uses to heal nerve tissue and damaged organs. This class will cover essential nutrients and supplements to complement rehab and recovery clients. We will also look at factors which affect nutrient absorption and requirements. Discussion will include vitamins, minerals, amino acids, herbs and homeopathics.

Instructor: Lynn Lafferty, Pharm.D. MBA, N.D., CNC, CNHP

June 6-7, 2020

Co-Occurring Disorders, Diagnosis with the DSM-5

Mental disorders that coexist with at least one substance use disorder in an individual. These two behavioral health conditions are intertwined and interacting. Individuals are likely to have complex health and social needs. Affective/behavior Disorders, Personality Disorders Organic

Brain Disorders, Psychotic Disorders, Anxiety Disorders Treatment Principles. DSM V Guidelines

Instructor: Linda Wilson, B.S., MSW, LCSW

July 11-12, 2020

Toxicology: Target Organs, Pharmaceuticals, Nutraceuticals, Withdrawal & Relapse

Toxicology of Abused Drugs, Pharmacology of Treatment Drugs, Indications vs. Drug Interactions. Neurotransmitter Replacement Therapies. Diagnosis & Management of Withdrawal. Treatment Goals, Reward Deficiency Syndrome & The Brain Reward Cascade

Instructor: William Berry, LMHC, CAP, DACACD

August 8-9, 2020

Auriculotherapy: Management of Withdrawal & Treating the Five Addictions

Overview of Auriculotherapy –The 4 Cranial Nerves of the ear. General Principles, use in Diagnosis, & Management of Withdrawal. Treatment Goals

Instructor: Jay M. Holder, D.C., CAP, CASAP, DACACD

September 5-6, 2020

Opioid & Alcohol Epidemic, MAT & Natural Strategies; Reward Deficiency Syndrome

Bio-Psychosocial, Amino Acids, Nutraceuticals, Titration from Suboxone, Naltrexone & other Interventions. Detox Placement. Suboxone and The Drug Addiction Treatment Act of 2000 (DATA 2000) requirements for licensing, Naltrexone & other medications.

Instructor: Michael Schaefer, D.C., OMD, MPH, DACACD

October 17-18, 2020

Certification Training for Mental Health First Aid for Youth & Adults

This course provides a comprehensive overview related to how to identify, understand and respond to signs of mental illnesses and substance use disorders. This course gives you the skills you need to reach out and provide initial support to a youth or adult who may be developing a mental health or substance use problem and help connect them to the appropriate care. This course covers common sign and symptoms of mental illness, common signs and symptoms of substance use, how to interact with a person in crisis, and how to connect individuals with help. Each course participant will receive a Youth Mental Health First Aid Certification and an Adult Mental Health First Aid Certification at the conclusion of this course.

Instructor: Cindy Schwartz, MS, MBA

November 7-8, 2020

Process Addictions, Food, Sex, Gambling & Internet; History of Substances of Abuse

Dynamics of addictive behaviors. Abuse of substances and process addictions including gambling, shopping, hoarding and sex addiction. Special attention is given to physiological factors, personal traits, family dynamics, and implications for schools, communities, and businesses. Overview of latest practices in SA treatment including: Cognitive Behavioral Therapy (CBT), Motivational Enhancement Therapy (MI), Mindfulness BASED STRESS REDUCTION (MBSR), and Acceptance and Commitment Therapy (ACT), Community Reinforcement/ Contingency Management

Instructor: William Berry, LMHC, CAP, DACACD

December 5-6, 2020

New Trends in Drug Treatment Programs

The human services business challenges; Develop an Addiction Program with mental health programs; how to avoid Funding issues for substance abuse and mental health; Documentation/Operational Issues Laws and Rules and Risk Management

Instructor: Phil Diaz, MSW, LLD(H), DACACD

2020 LAS VEGAS

January 11-12, 2020

Pediatrics & Pregnancy, Managing the Mom, Infant & Child in Addictions & OCD's Management of Pregnant Addicts and Detoxification of infants, Protracted Abstinence. ADD/ADHD, & other compulsive disorders. Diagnosis and management of Withdrawal, Relapse, Case Review, Treatment Goals

Instructor: Jay M. Holder, D.C., CAP, CASAP, DACACD

February 15-16, 2020

Current Recovery Models for Mental Health & Addictions: Mindfulness to Positive Psychology

Understanding recovery as a process of change incorporating recovery models. Exploring recovery models, i.e., Mindfulness-Based Cognitive Behavioral Therapy; Acceptance & Commitment Therapy; Positive Psychology. Implementing Self-Actualization.

Instructor: Michelle McGuire, Psy.D

March 21-22, 2020

Comprehensive Mechanisms & Dynamics of Addictions & Compulsive Disorders Definition of Addiction, The Five Addictions, theories of Addictions; The Brain Reward Cascade, Disease Concept of Addiction, Multi-factorial Addiction components, Toxicology & Laboratory testing

Instructor: Jay M. Holder, D.C., CAP, CASAP, DACACD

April 25-26, 2020

Co-occurring Disorders in Adults, DMSV, Diagnosis & Evidence Based Practices Mental disorders that coexist with at least one substance use disorder in an individual. These two behavioral health conditions are intertwined and interacting. Individuals are likely to have complex health and social needs Affective/behavior Disorders, Personality Disorders Organic Brain Disorders, Psychotic Disorders, Anxiety Disorders Treatment Principles. DSM V Guidelines

Instructor: Michelle McGuire, Psy.D

June 27-28, 2020

Understanding the Genetics of Addictions: Reward Deficiency Syndrome General Overview of Biogenetic Components. How the biogenetic components manifest in Compulsive Disorders. DNA Structure, Alleles, Genetic Disposition. Mutation, manifestation, Expression of genes. How the genes of addiction affects an individual's

behavior. Re-Norming the system through therapeutic nutraceuticals & pharmacological interventions.

Instructor: Joseph Bradley, M.S., D.C., DNS, C.Ad., DACACD, Psy.D(c)

July 18-19, 2020

Disease Model of Addictions , Nutritional & Coaching Strategies for Rehab & Recovery Therapy Paradigms: Acute vs. Chronic; Functional PTSD (Post Traumatic Stress Syndrome); Psychosomatic Influences in Chronic Syndrome; Practical Spiritual Counseling/Cognitive Processes. Stress and poor diet aggravate nutrient status and increase need for key factors the body uses to heal nerve tissue and damaged organs. This class will cover essential nutrients and supplements to complement rehab and recovery clients. Instructor: Ron Jahner N.D., C.Ad., L.A.c., DACACD

August 15-16, 2020

Auriculotherapy: Management of Withdrawal & Treating the Five Addictions Overview of Auriculotherapy –The 4 Cranial Nerves of the ear. General Principles, use in Diagnosis, & Management of Withdrawal. Treatment Goals Instructor: Jay M. Holder, D.C., CAP, CASAP, DACACD

September 12-13, 2020

Diagnostic Strategies: Substances of Abuse, Psychopharmacology & Detox Establishing a Differential Diagnosis, Problems in Diagnosis, DSM V Guidelines. The Biopsychosocial Assessment. Alcohol, Sedatives, Cocaine, Heroin, Methadone, Marijuana, Inhalants, Nicotine, Steroids. Perceptual Disorders, Neuro-Synaptic Junction and Dynamics Instructor: Ron Jahner N.D., C.Ad., L.A.c., DACACD

October 24-25, 2020

Opioid & Alcohol Epidemic, MAT & Natural Strategies; Reward Deficiency Syndrome Bio-Psychosocial, Amino Acids, Nutraceuticals, Titration from Suboxone, Naltrexone & other Interventions. Detox Placement. Suboxone and The Drug Addiction Treatment Act of 2000 (DATA 2000) requirements for licensing, Naltrexone & other medications. Instructor: Michael Schaefer, D.C., OMD, MPH, DACACD

Nov 21-22, 2020 Adolescent Treatment, Inpatient/Outpatient, Implementing Stages of Change

Where are we at with Adolescent addiction treatment? How do we treat adolescents different than adults in treatment to get the best outcomes? How do we decide what is the best level of care for an adolescent? What are the differences between public and private treatment programs for adolescents? What are the stages of change and how do I use them in treatment? This class will cover and answer all the previous questions and shed light on how to do better treatment with adolescents. We will also look at factors that influence adolescent treatment and how to work differently with this population.

Instructor: Luke Hatch, LCSW, C.Ad.

December 12-13, 2020

**New Trends in Drug Treatment Programs; Traditional & Alternative Approaches
New Trends in Drug Treatment Programs; Traditional & Alternative Approaches The
human services business challenges; Develop an Addiction Program with mental health
programs; how to avoid Funding issues for substance abuse and mental health;
Documentation/Operational Issues Laws and Rules and Risk Management
Instructor: Oscar Flores Sida, MS, NCC, LCPC, LCADC, GPGC**