

## 2014 Miami Beach Dates (see below for Las Vegas dates)

**January 18 & 19**

### ***Pediatrics & Pregnancy in Addictions, ADD & Other Compulsive Disorders***

Management of Pregnant Addicts and Detoxification of infants, Protracted Abstinence. ADD/ADHD, & other compulsive disorders. Diagnosis and management of Withdrawal, Relapse, Case Review, Treatment Goals.

**Instructor:** Jay M. Holder, D.C., CAP, CASAP, DACACD

**February 8 & 9**

### ***Prevention, Education & Aftercare & Funding: Understanding The Process***

Relapse prevention. Clinical strategies to prevent relapse in addictions. Drugs and the work place. Understanding Federal Government's initiative on the Drug Free Workplace. Societal issues, drug free schools and community programs. Risk Management.

**Instructor:** Phillip Diaz, MSW, LLD(H), DACACD

**March 8 & 9**

### ***Comprehensive Mechanisms and Dynamics of Addictions & Compulsive Disorders, Physical & Pharmacological Effects***

Definition of Addiction, The Five Addictions, theories of Addictions; The Brain Reward Cascade, Disease Concept of Addiction, Multi-factorial Addiction components, Toxicology & Laboratory testing.

**Instructor:** Jay M. Holder, D.C., CAP, CASAP, DACACD

**April 5 & 6**

### ***Principles of Counseling: Dynamics & Methodologies, Assessments & Evaluation***

Counseling Principles: General: Joining, listening, and building rapport; Reflection of feelings / meaning. Skills practice, Psychodynamic, Humanistic, Cognitive Behavioral Techniques. Developing Your Philosophy Counseling: Substance Use Disorder Assessment Tools: AUDIT, MAST, ASI, CAGE, Biopsychosocial History Group counseling: Curative factors, types of groups, content and process Skills practice: Group/ Psycho educational groups.

**Instructor:** William Berry, LMHC, CAP

**May 17 & 18**

### ***Nutritional Strategies in Addictions, ADD, PTSD, Depression: Balancing The Endocrine System***

Research on what causes Disease and imbalance and what heals the body. Review of the Endocrine System; PTSD, Depression, Addiction, ADD: Research on Biochemistry and possible solutions. Testing to detect hormonal and chemical imbalance.

**Instructor:** Lynn Lafferty, PharmD., MBA, N.D., CNC, CNHP

**June 14 & 15**

### ***Co-Occurring Disorders, Psychiatric Disorders, Transient Syndromes, Persistent Syndromes***

Psychopathology Affective/behavior Disorders, Personality Disorders Organic Brain Disorders, Psychotic Disorders, Anxiety Disorders Treatment Principles. DSM V Guidelines.

**Instructor:** Carmine Pecoraro, Psy.D. CAP, C.Ad

**July 12 & 13**

### ***Process Addictions, Food, Sex, Gambling & Internet: History Of Substances of Abuse***

"Process Addictions" are addictions that do not involve a substance. The focus will be on defining, identifying, and diagnosing these problem behaviors, as well as effective treatment strategies. The seminar will also include the history of substances of abuse, and will focus on how these substances have been used throughout time.

**Instructor:** William Berry, LMHC, CAP

**August 9 & 10**

### ***Auriculotherapy, Management of Withdrawal & Treating The Five Addictions***

Overview of Auriculotherapy - the 4 cranial nerves of the ear. General Principles, use in Diagnosis, & Management of Withdrawal. Treatment Goals.

**Instructor:** Jay Holder, D.C., CAP, CASAP, DACACD

**September 6 & 7**

### ***Inpatient/Outpatient Addiction Treatment: Traditional & Alternative Models and Criteria***

What constitutes Inpatient, Intensive Outpatient and Outpatient Treatment? Levels of Care and Services. Models for treatment using traditional and alternative modalities.

**Instructor:** Phillip Diaz, MSW, LLD(H), DACACD

**November 8 & 9**

### ***Cognitive Reflex Therapy - A Short Term Therapeutic Approach***

Cognitive Reflex Therapy resounds the concept of emotion as a pre-formed or pre-learned thought structure and pattern of internalized actions or muscle memories, ranging from the most elementary reflex pattern to profound philosophical thoughts of personal behaviors and selective perception and actions with the purpose of maintaining homeostatic balance.

**Instructor:** Calixto Garcia-Abid, Ph.D

**December 6 & 7**

### ***The Brain Reward Cascade, Reward Deficiency Syndrome (RDS); Traumatic Brain Injury & Chemical Dependency***

General Overview of Biogenetic Components, Reward Deficiency Syndrome/The Brain Reward Cascade. How the biogenetic components manifest Compulsive Disorders; DNA Structure, Alleles, Genetic Disposition, Traumatic Brain Injury & Chemical Dependency.

**Instructor:** Jay Holder, D.C., CAP, CASAP, DACACD

## 2014 Las Vegas Dates

January 11 & 12

***Pediatrics & Pregnancy in Addictions, ADD & Other Compulsive Disorders***

Management of Pregnant Addicts and Detoxification of infants, Protracted Abstinence. ADD/ADHD, & other compulsive disorders. Diagnosis and management of Withdrawal, Relapse, Case Review, Treatment Goals.

**Instructor:** Jay M. Holder, D.C., CAP, CASAP, DACACD

February 22 & 23

***Principles of Counseling: Dynamics & Methodologies, Assessments & Evaluation***

Counseling Principles: General: Joining, listening, and building rapport; Reflection of feelings / meaning. Stages of Change. Post Acute Withdrawal Recognition and Management. Your Body and Your Health. Practice role play evaluations and assessments. Alcohol Drugs and the Brain.

**Instructor:** Pamela Rinato, LCSW,CGAC, Psy.D

March 22 & 23

***Comprehensive Mechanisms and Dynamics of Addictions & Compulsive Disorders, Physical & Pharmacological Effects***

Definition of Addiction, The Five Addictions, theories of Addictions; The Brain Reward Cascade, Disease Concept of Addiction, Multi-factorial Addiction components, Toxicology & Laboratory testing.

**Instructor:** Jay M. Holder, D.C., CAP, CASAP, DACACD

April 26 & 27

***The Brain Reward Cascade, Reward Deficiency Syndrome (RDS); Traumatic Brain Injury & Chemical Dependency***

General Overview of Biogenetic Components, Reward Deficiency Syndrome/The Brain Reward Cascade. How the biogenetic components manifest Compulsive Disorders; DNA Structure, Alleles, Genetic Disposition, Traumatic Brain Injury & Chemical Dependency.

**Instructor:** Joseph Bradley, M.S., D.C., DNS, C.Ad., DACACD

May 24 & 25

***Process Addictions: Gambling Cues & Triggers, Profiles, Relapse & Recovery***

Compulsive Gambling and Recovery; Helping clients with a Recovery Plan; Signs and Symptoms of Compulsive Gambling. Cues and Triggers: Consequences of Gambling Abstinence, Acceptance and Support.

**Instructor:** Pamela Rinato, LCSW,CGAC, Psy.D

June 21 & 22

***Diagnostic Strategies, Substances Of Abuse, Psychopharmacology & Detox***

Establishing a Differential Diagnosis, Problems in Diagnosis, DSM V Guidelines. The Biopsychosocial Assessment. Alcohol, Sedatives, Cocaine, Heroin, Methadone, Marijuana, Inhalants, Nicotine, Steroids. Perceptual Disorders, Neuro-Synaptic Junction and Dynamics.

**Instructor:** Joseph Bradley, M.S., D.C., DNS, C.Ad., DACACD

July 19 & 20

***Auriculotherapy, Management of Withdrawal & Treating The Five Addictions***

Overview of Auriculotherapy - the 4 cranial nerves of the ear. General Principles, use in Diagnosis, & Management of Withdrawal. Treatment Goals.

**Instructor:** Jay Holder, D.C., CAP, CASAP, DACACD

August 16 & 17

***Inpatient/Outpatient Addiction Treatment: Traditional & Alternative Models and Criteria***

What constitutes Inpatient, Intensive Outpatient and Outpatient Treatment? Levels of Care and Services. Models for treatment using traditional and alternative modalities.

**Instructor:** Phillip Diaz, MSW, LLD(H), DACACD

September 13 & 14

***Eating Disorders: Interventions and Strategies***

Medical Aspects, Signs and Symptoms, Mental Health Issues and Treatment Protocols will be presented. The Stages of Eating Disorders, Medical Complications of Eating Disorders, Neurochemical Effects of Eating Disorders, Common Therapeutic Techniques for Eating Disorders, Diagnostic Criteria of Eating Disorders.

**Instructor:** Joseph Bradley, M.S., D.C., DNS, C.Ad., DACACD

October 25 & 26

***Nutritional Strategies In Addictions, ADD, PTSD & Depression***

Nutrition is vital to brain health and emotional processing. Stress and poor diet aggravate nutrient status and increase need for key factors the body uses to heal nerve tissue and damaged organs. This class will cover essential nutrients and supplements to complement rehab and recovery clients. We will also look at factors which affect nutrient absorption and requirements. Discussion will include vitamins, minerals, amino acids, herbs and homeopathics.

**Instructor:** Ron Jahner, N.D., L.Ac., C.Ad., DACACD

November 15 & 16

***Motivational Interviewing Training***

A collaborative person centered form of guiding to elicit and strengthen motivation for change. An evidence-based practice in the treatment of individuals with substance use disorders.

**Instructor:** Ali Hall, J.D.

December 13 & 14

***Prevention, Education, Aftercare & Tobacco Cessation***

Prevention Research, The Cultural Context of Prevention, Human Development & Ethics in Prevention; Nicotine Addiction Prevention, Treatment, & Aftercare, Funding Sources; Proposal Development.

**Instructor:** Elizabeth E. Fildes, EdD, RN, MA, CNE,CARN-AP, DACACD